# Stimzine

SHARING STORIES FROM THE STINSON COMMUNITY









# LETTER FROM THE EDITOR

Happy new year! There's been a lot going on in our neighbourhood since our last issue! Our neighbours really stepped up last year! A huge thank you goes out to the Stinson Community Association (SCA) for the *Stinson Connects!* barbeque in July - what a fantastic opportunity for people to get together! Other community events supported by the SCA included *Songs from the Bishop*, which was once again coordinated by our amazing neighbour Adam; the *Gardening in Small spaces* workshop organized through Corktown and supported by Stinson



residents; and *The 3 Neighbourhood Garage Sale* run along with residents in Corktown and Durand. The walking group and garden collective continued throughout last year as well.

Other neighbours took on amazing initiatives too. Dave and Tiff painted and hid Stinson rocks around the neighbourhood for us to find and hide again for the next person, which made my walks much more interesting! The team from the *Stinson Creative Lab* put on a fabulous "Where the Sidewalk Ends" event to repaint the Carter Park shed. It's incredible to see the little ways that all residents work to make this a wonderful place to live! Thank you to everyone who organized or participated in events in Stinson!

In this issue of the Stinzine we have another resident profile. Do you have someone you think we should profile? If so, send us a note to Stinzine@StinsonCommunity.ca with your suggestion. We also introduce a new series of recipes from local residents, this issue includes one from the SCA co-chair Karl! We also plan to introduce a series we want to return to throughout the year on elections and increasing civic participation. As we have provincial and municipal elections coming up this year, we thought it would be good to look at voting and engagement throughout the year.

We hope many of you will join us in 2018 and continue this great community spirit! - Margaret

Editor: Margaret Bennett Layout: Sunil Angrish

**Contributors:** Karl Andrus, Margaret Bennett, Eleni Jalbout, Lee McIlmoyle, Natasha Murphy,

Christina Babcock

**Photos:** Karl Andrus, Eleni Jalbout, Dave Michal, Natasha Murphy, Margaret Bennett, Diane

Girard, Surprise!Hamilton

Cover Photos: Dave Michal, Misha Christie

With support from:







**Mission:** The Stinzine is a resident-led publication that seeks to provide a forum for Stinson residents to share stories that connect, inform, and inspire conversation and action.

**Vision:** The Stinzine is a forum for community-building, highlights the assets of Stinson, and celebrates participation from all residents.

**Values:** Inclusive, Collaborative, Respectful, Informative, Advocacy, Motivate, Integrity

stinzine@stinsoncommunity.ca

The opinions expressed in each article are the opinions of its author and do not necessarily reflect the opinion of StinZine, the Stinson Community Association, its partners, advertisers or sponsors.



Photos courtesy Surprise!Hamilton

By Christina Babcock

On Saturday, June 6, 2015, the first 100in1 Day events were held in Hamilton, and out of that came *Surprise!Hamilton*. We didn't have a name, but we had an idea: to gently light the rail trail between Wentworth Street and Corktown Park.

Since then, we have lit the rail trail three times for 100in1 Day, and created flowers out of stop signs. In 2017 we moved beyond June and joined in the Corktown Winter Solstice Festival, illuminating



the Claremont Access where it passes over the rail trail at Victoria Street. (Which reminds me, did you know there is a stair access to the rail trail from Victoria Street just south of Young Street?)

And who are we? Neighbours. Ben, Christina, Diane, and Cathy are the core. At our first 100in1 Day event, people walking by became spur-of-themoment Surprise! Hamiltonians. One man stopped mid-jog to help us set up, and came back later with his family. (That's my all-time favourite 100in1 Day memory so far.)

In 2018 we'll be back for 100in1 Day, and will be doing other events throughout the year. Keep up with us on twitter @surprisehammer. We still don't have a facebook page, but we're working on it. For more info email: surprisehamilton@gmail.com





By Eleni Jalbout

On a sunny afternoon in Stinson, I wandered around the corner to Dale Morningstar's house, where he lives with his wife and daughter. I met Dale and his family last year, and since then, our families have become fast friends. Dale and his family have been residing in the Stinson neighbourhood for 2 years as of August, and I wanted to gain further insight from him as to what he does for a living, and why he chose Stinson as the place to be.

## EJ: What drew you to this area?

DM: We first lived at Catherine North, and it was great, but it felt almost too urban, as it was bracketed by Canon and Barton; what drew us to this neighbourhood was being close to the trees and rail trail that the escarpment provided. We appreciated that Stinson is a kid-friendly zone.

# EJ: In your mind, what is Stinson's greatest attribute?

DM: I would have to say the view of the mountain and easy accessibility to the mountain trails, as well as hearing the train.

EJ: You live in Stinson, but your work takes you

# to Toronto. Can you tell me a bit about what you do? What's your claim to fame?

DM: I own and operate the Gas Station Recording Studio on Toronto Island and I play in the band called The Dinner is Ruined. We have released music on Sonic Unyon label, here in Hamilton. I have produced and engineered for Gord Downie and played in his touring band, and recorded for Thrush Hermit (Joel Plaskett), godspeedyoublackemperor, and Terra Lightfoot's first record, amongst hundreds of other artists from Canada, United States, Africa, and Holland. I must say, though, that my most important job to date is being a father to my nearly 5-year-old daughter.

## EJ: Wow. We have our very own celebrity right here in Stinson! In terms of Stinson, what more do you want people to know about this neighbourhood?

DM: I would want people to know that this neighbourhood boasts a lot of friendly people. I am often struck by the friendliness of people in this neighbourhood. And also Stinson School Park. It's a great spot we like to frequent, and my daughter and I call it "Grasshopper Park" after the rocking grasshopper play structure.



Photos by Natasha Murphy

#### By Lee McIlmoyle

The Art in the Park event in Carter Park was a blast! Held this past August, approximately forty children participated on the day, according to the raffle ticket count. The kids were eager, the parents were willing, and the weather was perfect! Together, our many artists managed to repaint the utility shed (with a little pre-paint setup from the *Stinson Creative Lab* team), including accenting our new



community chalkboard with handprints and chalk drawings.

For those less-interested in painting, there were several other fun activities to keep everyone entertained! The wonderful Stinson Creative Lab team that organized the fun event, Natasha, Dawn and Lee want to thank all who attended.

Special shout-out to Eleni Jalbout and her amazing children for their enthusiasm! The Stinson Creative Lab is excited to see if they can make the next event even more successful!

For more info visit: thestinsoncreativelab.word-press.com





The Stinson Slow down Snail (in progress)/Photo by Eleni Jalbout









Eye on Stinson/Photos by Diane Girard



Songs from the Bishop/Photo by Dave Michal



# Elizabeth Den Hollander, R.M.T.

Registered Massage Therapist



"Healing Hands" 905.529.5659

148 Emerald St. S. Hamilton ON L8N 2V5



### **DENTISTRY**

Proudly serving the Stinson community and providing Great Teeth since 1994

Dr. E.J. (Jan) Chithalen B.S.c., D.D.S. Dental Surgeon

#### **Accepting New Patients**

118 Stinson St. Hamilton, ON L8N 1S5 905-522-1188 1-877-4GR8TTH Fax:905-522-1884

www.forgreatteeth.com



#### By Karl Andrus

This indulgent recipe has been a favourite of my family for decades. It combines a tangy, creamy and smoky dressing with potatoes and bacon. I hope you enjoy it as much as we do.

- 8 Slices of Bacon, Or Slab (150g If you substitute Vegan Bacon, Chicken Bacon, etc. remember to add extra butter or oil as the rendered fat is key to dressing)
- 1 Medium or Larger Onion Diced
- 1/2 Cup of Apple Cider Vinegar
- 1/4 Cup of White Sugar
- 1 Red Pepper Diced
- 3 Stocks of Celery Diced
- 1 Bag Mixed Little Gems Mixed Mini Potatoes cut in half (680g)
- 1-2 Tablespoons of Whole Grain Mustard
- 2 teaspoon of smoked paprika
- 6 Tablespoons of Fresh Parsley or 2 Tablespoons of Dry Parsley
- 6 Tablespoons of Fresh Dill or 2 Tablespoons of Dry Dill
- Salt and Pepper to Taste

Begin by placing the potatoes in salted boiling water, cook until soft, drain and set aside in a large bowl.

Place a frying pan on medium-high heat, chop the bacon in to 1 inch pieces/chunks, fry cook until most of the fat as separated and remove bacon from pan to cool

Turn heat down to medium and cook the diced celery and onions until clear, be sure to add some black pepper as they cook.

In a blender combine smoked paprika, mustard, sugar, vinegar, blend until mixed. Stir in the contents of the blender to the cooked onions, celery and bacon fat this will form your dressing. Taste the dressing and add more salt, pepper, or vinegar/sugar if too sweet or sour for your taste or more smoked paprika for added smoky taste.

Finally, combine chopped red peppers, bacon, dressing, potatoes, parsley and dill in the bowl stirring until all potatoes are coated in the dressing. Garnish with extra fresh parsley and paprika.

Serve warm or cold. Photo courtesy of Karl Andrus.





Every 2nd Friday of every month - Art Crawl on James St North

**Every 2nd Thursday of every month** – Stinson Community Association Meeting 7pm Central Memorial Recreation Centre (corner of Stinson St and West Ave). All residents of Stinson are welcome and invited to attend any of our meetings.

**Saturday February 10** - Hot Chocolate in Carter Park (Stinson)

Saturday February 10 - Target Night Market (Centre on Barton)

**Sunday February 11** - Beasley Winterfest (Beasley)

**Saturday February 17** - DeLight Festival (Gage Park)

**Wednesday February 21** - Soupfest (Convention Centre)

Coming Soon:

Ward 2 Office Jacon E

**April** - Easter Egg Hunts (various locations, including an egg scramble in our own Carter Park, Beautiful Alleys (various locations throughout Hamilton)

May - Jane's Walks (Friday May 5 to Sunday May 7), Doors Open Hamilton (Saturday May 6 and Sunday May 7), Bike to Work day (May 29), Bike Month (through June)

June - 100in1 Day (first Saturday), Barton Village Festival

# **Useful & Important Phone Numbers**

ward 2 Office - Jason Farr	905 546 27 11	
Central Memorial Rec Centre	.905 546 4939	
Non emergency police	905 546 4925	
Hamilton Legal Clinic	.905 527 4572	
Housing Help Centre	905 526 8100	
Municipal Law Enforcement	905 546 2782	
COAST (24 hour crisis hotline)	905 972 8338	
Hamilton Translation service	905 527 7045	

Sexual Assault Centre Hamilton Area. 905 525 4162

# JOIN TEAM STINZINES

We're currently seeking new volunteers in a variety of roles, including:

·Layout/Graphic design

Writers/Editors

Photographers/Illustrators

•Ad sales/Outreach

For more info email: stinzine@stinsoncommunity.ca