

Stinson

A Stinson Community Publication
Issue 003: August 2014

HEY STINSONITES!

KD

OPEN ME



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We want to hear from you! Send your ideas to:
stinzine@stinsoncommunity.ca
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info@stinsoncommunity.ca

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We're Social!



www.stinsoncommunity.ca,
www.facebook.com/stinsoncommunityassociation
[Twitter.com/Stinson_HamOnt](https://twitter.com/Stinson_HamOnt)

By: Lee McIlmoyle

THE PBW2 VOTING RESULTS ARE IN!

STINSON IS DUE TO RECEIVE THE FOLLOWING ITEMS IN 2015:

MEANWHILE, PROPOSALS FROM 2013 ARE BREAKING GROUND, LIKE THE CORKTOWN COMMUNITY GARDEN...

...AND THE SHAMROCK PARK LABRYNTH.

OTHER WINNING PROPOSALS ARE BREAKING GROUND ALL OVER WARD 2.

TO LEARN MORE OR GET INVOLVED, EMAIL LEE AT:
PBHAMONT.NET@GMAIL.COM

PBW2 2014 STINSON RESULTS

- 2. RAIL TRAIL RECONSTRUCTION (CORKTOWN & STINSON)
- 4. WHEELCHAIR SWINGS (WARD-WIDE; TBD)
- 7. PEDESTRIAN SAFETY INITIATIVE - WENTWORTH & CHARLTON
- 10. SEMI-CIRCULAR BENCH SETS (6) (WARD-WIDE*)
- 11. NEIGHBOURHOOD SIGNAGE (WARD-WIDE)

Councillor Jason Farr - Ward 2
 DOWNTOWN

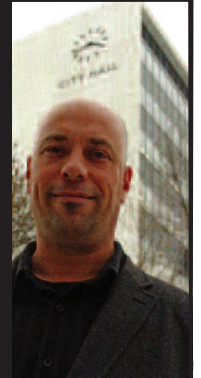
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dedicated to the core



Katherine's Korner

By: Katherine Dymkowski

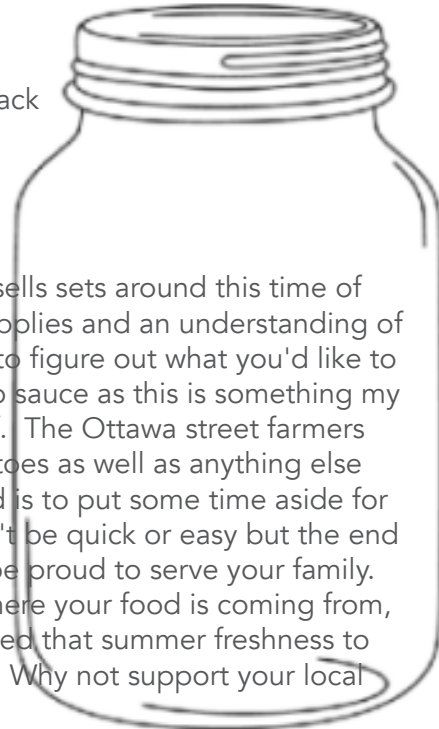
Harvest time is just around the corner. Soon the grocery stores, farmers markets and our own backyard gardens will be overflowing with this year's bounty. Why not capture that local produce freshness by canning?

About 3 years ago I was bitten by the canning bug after reading the labels of some of my favorite products. I was shocked at the crap companies were putting into their products and I was feeding this to my family? So, I borrowed all the canning books from the public library and scoured google and YouTube on the whole canning process. Once I understood the basic concept I began purchasing supplies.

You'll Need:

- A canning pot with a bottom rack
- Tongs
- Wide mouth funnel
- A jar lifter
- Jars and lids.

Canadian Tire or Walmart usually sells sets around this time of year. Once you have all of your supplies and an understanding of the canning process then its time to figure out what you'd like to preserve. I started out with tomato sauce as this is something my family and my daycare use a lot of. The Ottawa street farmers market sells local bushels of tomatoes as well as anything else you might fancy. Now all you need is to put some time aside for the actual canning process. It won't be quick or easy but the end result will give you something to be proud to serve your family. Canning will allow you to know where your food is coming from, what's in it and you'll have preserved that summer freshness to enjoy in the cold months to come. Why not support your local farmers and give canning a try?



ABC 123:

Back to School Study Tips

By: Melissa Foye

- 1)** Avoid distractions in your study space: A little background music helps some people study, but avoid a space with a TV or too much noise.
- 2)** Learn how to effectively communicate with teachers. They're here to help, so be sure to let them know sooner rather than later if you're struggling with something. Don't be afraid to ask questions!
- 3)** Take breaks! It's amazing what a 5 minute stretching break will do to refresh your body and mind while studying.
- 4)** Sleep and a healthy diet. This one seems a bit obvious, but a good night sleep and a healthy diet makes a big difference!
- 5)** Reward yourself! Achieve a great mark on that exam or book report? Give yourself a pat on the back and treat yourself to that new pair of shoes you've been thinking about.



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"Our Graduates are Working"

THE **EMPOWERMENT** OF PEOPLE *By Ralph Meiers*

Recently the Stinson Community Association (SCA) completed a multi-month exercise whereby the membership identified and agreed to the following values: Collaboration, Engagement, Respect, Trust, Inclusiveness and Transparency. These values form the foundation which will support our members in their own self direction and evaluation of their ideas.

The executive leadership team of the SCA has been working together with the membership in realizing a paradigm shift in that the decision making power of the association is now in the hands of its members. We, the executives see our roles as being facilitators of the decision making process in order to support and serve our members. Our goal is that other engaged residents of Stinson become empowered via the process and ultimately obtain the skill and experience required in planning, leading and eventual implementation of their various community projects.

Attention has also been provided to the welcoming of community partners such as the Good Shepherd and YWCA and non-paid members into our process as inclusion and engagement are key to turning ideas into reality and sustaining the association in the long term.

We welcome your attendance on August 24th for a special facilitated constitution workshop where through your active participation and ideas generated (and guided by our SCA values) a new SCA Constitution will be created. The new constitution will be distributed to the SCA membership a month in advance of the SCA Annual General Meeting taking place on Thursday October 9th 2014 with the intent to ratify during the annual meeting.

JOIN IN!

CONSTITUTION WORKSHOP facilitated by Renee Wetselaar

DATE: Sunday August 24th, 2014

TIME: 10:00 am – 3:00 pm

LOCATION: Good Shepherd Family

Centre 143 Wentworth St S.

Community Potluck – Feel free to bring a dish, however it is not required in order to participate.

The SCA meets the 2nd
Thursday of every month
starting at 7pm @ Central
Memorial Recreation Centre.
Come join us in person or
contact us at:
info@stinsoncommunity.ca

afford to extend the education of their children past the school leaving age of twelve. The high school had an entrance exam and a narrowly academic curriculum that enabled graduates to follow a teaching profession or apply to the University of Toronto for further study. One of the most famous of these alumni was one Lester B. Pearson who won the Nobel Peace Prize in 1957 and went on to become Prime Minister of Canada in 1963.

To encourage all students to further their education, Central Collegiate Institute expanded to include the first separate 'Technical School' in the country. It was in 1909 that a two storey building, adjacent to the collegiate, opened its doors and offered tuition in the manufacturing and craftsmen trades. Not long after 'The Hamilton Art School' was also integrated into this new technical wing and it became known as the Hamilton Technical and Art School. It produced many of the first wave of famous Canadian artists such as A.J. Casson and J. E. H. MacDonald, who both became founding members of the Group of Seven.

In 1921 it became compulsory for all children to attend school until the age of sixteen and to accommodate the increase in attendance the technical school wing of Central Collegiate was again expanded in 1923 by adding the "School of Domestic Science and Art". Attended mostly by girls wanting not so much to gain a career, but to help them learn the art of being a successful housewife!

The school came to an untimely end in 1946 when a spectacular fire consumed all but the remaining gymnasium.

Photo: Copyright © Hamilton Public Library.

Notes taken from:

1. Hamilton Public Library
2. "The High School and the Household Economy in Working Class Hamilton 1890-1940" Craig Heron
3. Photos courtesy PreVIEW, Local History and Archives, Hamilton Public Library.



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WALKING

By: Maggie Day-Myron

WITH

Maggie

Hamilton Collegiate Institute (Central Memorial Recreational Centre)

As you walk along Stinson Street, on the north side between Victoria and Wellington, you pass by what might be described as a non-descript looking brick building. It sits directly across from Carter Park and to most of us it is our local Central Memorial Recreation Centre. This small block that we pass by was actually the gymnasium of the Hamilton Collegiate Institute and is all that remains of the original school.



When it opened in 1896 this magnificent structure consisted of a three storey masonry building with a five storey clock tower. It was designed by Hamilton architect William Walter Stewart and its grand main entrance fronted Hunter street with its other boundaries being West Avenue, Stinson Street and Victoria Avenue. Until 1924 with the opening of Delta Collegiate, it was the cities first and only high school.

Most of the first attendees of Hamilton Collegiate Institute were children of the more affluent families such as bankers and other professions that could

ART contest

StinZine wants to see what you've got! RULES:

We are now accepting submissions for StinZine's Summer Art Contest. If you're between the ages of 12 and 16, we want to see your masterpieces!

1. Must be between the ages of 12 and 16
2. Submissions must positively reflect the Stinson Community and the city of Hamilton.
3. All original content. No copyright infringement
4. By participating in this contest you are granting StinZine permission to use, publish, edit, adapt and / or modify your entry for promotional or other purposes.
5. Submissions may be entered in both categories; however, participants are only eligible to win in one category.

There are two categories:

- Traditional Art (Drawing, painting, sketching etc.)
- Fiction (Poetry or short stories)

DEADLINE: August 29, 2014

SUBMIT TO: Stinzine@StinsonCommunity.ca

COMMUNITY SURVEY:

We Want to Hear from You!

- What issues are most important to you?
- What do you do for fun?

We want to know! Please visit this link to

complete this **3 MINUTE SURVEY:**

<https://www.surveymonkey.com/s/6Z6GVZH>

Survey closes Friday August 29th at 11:59pm.



TIPS FROM YOUR LOCAL REALTOR

By: Susan McArthur

The lazy days of summer are upon us and the Stinson market has slowed with a limited number of properties currently on the market. Stinson has seen real growth over the last few years and has become a very desirable area especially for young professionals looking for their first home in an affordable and trendy area with easy access to Downtown and the GO.

Investors and renovators are also attracted to this area both for 2-family or multi-unit properties and for properties requiring rejuvenation realizing that a reasonable profit can be made on the right property. If you have been watching the local market you will have noticed that properties tend to move quite quickly and that prices have been on the rise. Multiple offers received on listings are not uncommon.

As a resident and local Realtor I am amazed at the transformation the Stinson community has undergone and how much the property values have increased. It is nice to see that pride of ownership is prevailing and that home owners are addressing the exterior of their properties. This time of year curb appeal is extremely important and I can't stress enough to clients preparing their home for sale that first impressions are everything and that potential Buyers have already formulated an opinion about the home as they make their way to the front door. Grass should be cut, flower beds free of weeds and shrubs & trees should be manicured. Walk ways and porches should be inviting and adding a simple potted planter or colourful hanging basket can do just the trick.

If you have any real estate related questions, would like an idea of the current market value of your home or are considering purchasing a home feel free to contact me at:

smcarthur@royallepage.ca

Susan McArthur,
Sale Representative
Royal LePage Burloak Real Estate Services

YOUR Stinson Community: COMMITTEE UPDATES

Complete Streets:

- The construction is proposed to start this Fall following the contract award. Alanson Street and Erie Avenue will be done first this year to binder asphalt and the surface asphalt will be done next year, 2015. The other roads will be staged in and completed in 2015. The proposed target date to complete the whole project is end of July 2015.

Constitution:

- **Constitution Workshop facilitated by Renee Wetselaar on Sunday August 24th, 2014 10:00 – 3:00pm**
- Location: Good Shepherd Family Centre, 143 Wentworth St S.
- COMMUNITY POTLUCK – Feel free to bring a dish, however it is not required in order to participate

467 Charlton:

- Planning & Development meeting for Re-zoning of 467 Charlton Ave E. **August 12th, 9:30 am at City Hall in Council Chambers (2nd Floor)**
- Continues to be three 6 storey buildings along grade of Charlton

StinZine:

- We meet every 2nd Tuesday of the month. Contact stinzine@stinson-community.ca for more info on how you can be part of the Zine Team!

Neighbourhood Action Evaluation Celebration for Stinson:

Thursday, August 14 at 6:30-7:30pm at Central Recreation Centre - Food provided: Past and present participants in Stinson's Neighbourhood Action Plan are invited to join us for an interactive presentation on preliminary results from the evaluation of the Neighbourhood Action Strategy.

The SCA meets the 2nd Thursday of every month starting at 7pm at Central Memorial Recreation Centre.



Carefully pull out centerfold...

Stinson Centerfold

...and pin it up for easy access




LEGEND

- Neighbourhood Boundary
- Bike Lanes on Stinson St.
- Large Trees
- Rail Trail
- Berries Along Rail Trail
- Views and Vistas to the Escarpment
- Escarpment
- Great Access Across the City (Charlton Ave E.)
- HSR Bus Route 5 - Delaware
- Cutest Street in Stinson (Blythe St.)
- Beautiful Streets
- Beautiful Victorians
- Parks and Open Space
- Alleyways
- Railway
- Designated Heritage Properties
- Listed Heritage Properties

Other great features of Stinson not shown on map

- Unique Micro-Climate (Little Snow!)
- Stained Glass Windows Throughout Stinson

- ### Economic Assets
- Convenience Store/Love Shop
 - Canadian Tire
 - Lawyer
 - Central Health Institute & School
 - Hearing Institute
 - Convenience Store
 - Stermann's Interiors
 - Lawyer
 - Jerelday Lodge
 - Doctor's Office
 - Nail Salon
 - Tae Kwon Do
 - Furniture Store
 - Medical Clinic/French Health Clinic
 - Clothing Store
 - Electrical/Lighting Store
 - Medical Office
 - Rosart Dental
 - Effort Trust Building
 - Employment Centre
 - Variety Store
 - Stinson Towers
 - Undermount Variety Store
 - Bakery Supply Store
 - Ontario Patient Transfer and Taxi/Limo Service
 - Katherine's Day Care

- ### Physical/Institutional Assets
- Carisma Pentecostal Church
 - Versa Care Centre (Nursing Home)
 - The Old Cathedral School/ St. Charles Adult Education
 - Residential Care Facility (Beautiful Victorian Building)
 - Bishop Park
 - Green Space
 - Central Memorial Recreation Centre
 - Carter Park
 - Hospice Building
 - Dr. Chithalen
 - English Garden
 - Rose Garden and Christmas Decorations
 - Alanson Street Lofts
 - Stinson School Lofts
 - Wentworth Stairs
- 

NEXT NEXT ISSUE:
THAT BIRD'S EYE
VIEW MAP OF
STINSON
 Yup, he missed another deadline, folks!

FOR MORE INFORMATION AND BACK ISSUES, GO TO: [HTTP://STINSONCOMMUNITY.CA/NEWS_MAGAZINE](http://stinsoncommunity.ca/news_magazine)

STINSON FOCUS









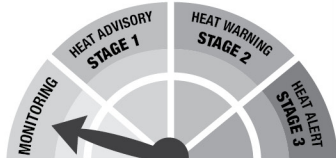
Set of Murdoch Mysteries

Songs from the Bishop

Tips for Beating the Heat

A COMMUNITY HEAT RESPONSE INITIATIVE

-  Drink plenty of water
-  Go to an air conditioned place
-  Take a cool bath or shower, run cold/cool water over your wrists, or place your forearms in cold/cool water
-  Close your blinds or curtains
-  Open windows to let air circulate when using a fan
-  Check on your neighbours and family



Hamilton

For more information about beating the heat:

www.hamilton.ca/heat

City of Hamilton: (905) 546-CITY (2489)